

**Barton—Memorial Bldg.**

19 Village Sq.

**Tuesday & Thursday**9:00am-10:00am> **Tai Chi Fall Prevention**10:00am-11:00am> **Growing Stronger****Concord— Community Church**

481 Main St. (use Folsom Ave. entrance)

**Monday & Thursday**6:00pm—7:00pm> **Growing Stronger****Craftsbury—Craftsbury Comm. Care Center**

1784 E. Craftsbury Rd

**Monday & Thursday**10:00am—11:00am> **Bone Builders****Danville—Senior Action Center**

Methodist Church, Danville Green

**Tuesday & Thursday**10:30 am—11:30 am > **Growing Stronger****Derby—Church of God**

295 Crawford Rd. (side entrance)

(closed July &amp; August)

**Monday & Thursday**2:00pm—3:00pm> **Growing Stronger****Monday**3:15pm—4:15pm> **Fall Prevention Tai Chi****East Haven— Community Building**

64 Community Bldg. Rd (library)

**Tuesdays & Thursdays**2:00pm – 3:00pm> **Growing Stronger****E. St. Johnsbury—Third Congo. Church**

Route 2

**Monday & Thursday**9:30am—10:30am> **Growing Stronger****Greensboro—U.C.C Church**

165 Wilson St.

**Monday & Wednesday**10:00am—11:00am> **Bone Builders****Hardwick—G.R.A.C.E.**

59 Mill St. (former firehouse)

**Tuesday & Thursday**9:30am—10:30 am> **Growing Stronger****Hardwick— Hardwick Senior Center**

High Street

**Wednesday**10:00am—11:00am>**Fall Prevention Tai Chi****Island Pond—Sunrise Manor**

94 Main St.

**Tuesday & Friday**10:00am—11:00am> **Growing Stronger****Island Pond—Town Hall**

49 Mill Street Ext.

**Tuesday & Thursday**9:00am—10:00am> **Bone Builders****Jay—Jay Community Centre**

Cross Road

**Tuesday**10:30am-11:45am> **Bone Builders****Lyndonville—Municipal Offices**

119 Park St.

**Monday & Thursday**9:00am—10:00am> **Growing Stronger**10:30am—11:30am> **Growing Stronger****Tuesday**8:30am—10:30am> **Line Dancing****Thursday**1:00pm—3:00pm>**Line Dancing****Lyndonville— Congregational Church**

52 Middle St.

**Tuesday & Friday**8:30am-9:15am> **Golden Ball Tai Chi****Newport— Municipal Bldg.**

222 Main St. (use side door on parking lot)

**Tuesday & Thursday**10:00am—11:00am> **Growing Stronger****St. Johnsbury—St. Johnsbury House**

1207 Main St.

**Monday & Thursday**8:30—9:15am > **Golden Ball Tai Chi****Tuesday & Friday**9:00am– 10:00am > **Growing Stronger****St. Johnsbury— UCC**

1325 Main St.— (United Community Church)

**Monday, Wednesday & Friday**1:30pm– 2:30pm > **Growing Stronger****Wells River—Spear House Apartments**

69 Main St. N.

**Tuesday & Thursday**2:30pm—3:30pm> **Bone Builders****West Burke—W. Burke Community Ctr.**

100 School St.

**Monday & Friday**10:00am—11:00am> **Growing Stronger****Westfield—Westfield Community Ctr.**

110 N. Hill Rd.

**Thursday**10:30am—11:45am> **Bone Builders**