

Accomplishments

INFORMATION SERVICES GROUP

Our Senior HelpLine specialists responded to over 2400 calls in 2014. Staff from our State Health Insurance Counseling Program (SHIP) assisted more than 2000 individuals with questions related to Medicare and state health care programs.

DIRECT ASSISTANCE

During the past year our casework staff provided assistance to more than 1400 individuals and their families. They offer information on options and coordinate a variety of services that allow older Vermonters to remain in their homes and communities.

FAMILY CAREGIVER SUPPORT

Respite grants exceeding \$54,000 were provided to more than 95 family caregivers caring for a loved one at home. More than 150 individuals and families benefited from supports and services offered by our caregiver team. Caregivers received multiple home visits through our Reach Out derived NEVAAA Dementia Caregiver Support Program. More than 30 participants attended Powerful Tools for Caregivers classes. Several ongoing support groups were offered throughout the year.

NUTRITION

Over 180,000 meals were served in 2014 by community dining locations and Meals on Wheels programs in Orleans, Essex and Caledonia counties. We continue to partner with Green Mountain Farm Direct to increase access to Local Food. Four Senior Meal Programs also participated in the Summer Youth Nutrition Program to bring multiple generations together and assure that area youth have access to a healthy meals even when local schools are not in session.

WELLNESS

Growing Stronger – a strength based wellness program was offered in more than 18 locations across the region with the leadership of trained volunteers. The Agency also sponsors Tai Chi programs in several communities.

ELDER JUSTICE

In 2014 we added a full-time dedicated staff position and created an internal work group, to address the needs of elders at risk. We continue to sponsor the Northeast Kingdom Vulnerable Adult Action Coalition, and remain committed to collaborations with community partners to raise awareness about the abuse and violence against older survivors in our community.

VOLUNTEER AND COMMUNITY PROGRAMS

In 2014 the Agency also added two full-time staff to lead our Volunteer and Community Engagement programming. The **Senior Companion** program matches trained and dedicated “companions” who average a total of 175 hours a week to provide rides, support and friendly visits to more than 35 program participants.

The Elder lesbian, gay, bisexual, and transgender (LGBT) Advisory Council received a \$1,500 grant award from the Samara Fund, a component fund of the Vermont Community Foundation to support initiatives to increase engagement and outreach to LGBT elder community members and service providers.

With the advent of our 35th Anniversary the Agency has also launched a campaign to celebrate the critical role that our **Registered** and “**Everyday**” **Volunteers** play in our communities. We know that many Community members freely offer to do something for someone else, such as, taking in the mail, walking a dog, giving a ride to the doctor, weeding a garden, delivering groceries, making a phone call to check in on someone who is alone. These are the critical partners who assist us in our mission to make the Northeast Kingdom the best place to live and age together. We have begun to visit communities in each region to celebrate these volunteers that make the NEK Strong and encourage everyone to join us!

THIRTY-FIVE YEARS AGO, the Northeast Kingdom Council on Aging was incorporated and began delivering meals, rides to the doctor, and services to aging Vermonters. In the fall of 1979, we began doing business as The Area Agency on Aging for Northeastern Vermont; we provided some 48,000 meals to older Vermonters. By 2014, that number had grown to more than 180,000 meals annually. Much of that growth has occurred due to the generosity of individuals and businesses in the Kingdom. As our funding from state and federal governments levels off and declines, we are increasingly dependent on your support. Thank you for all you have done for us over the past thirty-five years, and for your continuing support as we help Vermonters age with dignity and independence.

John Perry, Board President



THE AREA AGENCY ON AGING FOR NORTHEASTERN VERMONT

is a private, community-based, non-profit organization serving older adults and their families. The organization is governed by members of a Board of Directors and Advisory Council who volunteer their time. We wish to publicly acknowledge and thank these individuals for their generous efforts on behalf of the Agency and the people we serve.

BOARD OF DIRECTORS

John Perry, St. Johnsbury, *President*
Caroline Frey, St. Johnsbury,
Vice President

Rever Kennedy, Newport, *Secretary*
Joanne Fedele, Newport, *Treasurer*
Jenny Green, Danville
John Blackmore, Danville
Elizabeth LeRoy, Barton
Anne Wilson, Barnet
Gary Reis, St. Johnsbury
Barry Hertz, East Burke
Mollie Chamberlain, Lyndonville
Deb Wallens-Matte, Danville
Mary Jean Thielen, McIndoe Falls

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Leo & Jean Beaulieu, St. Johnsbury
Don Bostic, St. Johnsbury
Irwin Gelber, West Barnet
Kathy Joslin, East Concord
George Pierce, Barnet
Louise Rader, St. Johnsbury
Carol Wenmark, Lunenburg
Betsy Day, West Glover
George Pierce, Barnet
Carol Wenmark, Lunenburg

Lisa Viles, *Executive Director*

STAFF

CASEWORK SERVICES

Monica Holcomb,
Supervisor
Samantha Paradis,
Supervisor
Megan Goodell
Heidi Baker
Sandy Sloan
Dawn Kelly
Carolyn Granai
Laura Weaver
Lucy LeMay
Kimberly Emery

ELDER JUSTICE PROGRAM

Lynn Goulding

FAMILY CAREGIVER SUPPORT PROGRAM

Nancy Oakes,
Coordinator
Pamela Smith

INFORMATION SERVICES

Michel Richards,
Coordinator
Patricia Paine
Peggy Clowery
Kim Rivard

Deborah Rousseau
Holly Moore
Adele Edelman,
State Health Insurance
Program (SHIP)
Director

NUTRITION & WELLNESS PROGRAMS

Jenny Patoine,
Program Coordinator
Lallie Mambourg,
Program Coordinator

VOLUNTEER SERVICES

Patricia Beckwith
Jerri Ryan

ADMINISTRATIVE AND TECHNICAL SUPPORT

Linda Lyman, Fiscal
Personnel Coordinator
Kelly Sawyer
Patricia Himes
Mary Jane Miller
Suzy Broome
Janet Egizi
Debora Chaput
Jodi Lessard

ANNUAL REPORT 2014

Area Agency on Aging

for Northeastern Vermont

Celebrating 35 YEARS of
serving older adults & their families.

35



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SENIOR HELPLINE 1-800-642-5119 www.nevaaa.org
ST. JOHNSBURY NEWPORT HARDWICK ISLAND POND



from the
Executive Director

Each New Year brings an opportunity to celebrate, reflect and plan for the future. As we complete one fiscal year and prepare for the next we have much to celebrate!

2014 marks the 35th Anniversary of the Northeast Kingdom Council on Aging that was formed in 1979 and later that same year began providing services funded by the Older Americans Act, through a program doing business as



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Northeast Kingdom the best place to grow old with dignity, respect and independence. Our success over so many years has come from a shared vision and strong community support. I would like to take this opportunity to acknowledge the vital role that the Board of Directors, Advisory Council, Staff, volunteers and community members play in fulfilling our mission and creating communities where we can age with dignity and respect.

Lisa Viles, Executive Director

The Area Agency on Aging for Northeastern Vermont. Today we are celebrating the vision of the community and the volunteers who created a plan that has served older Vermonters and their families in the Northeast Kingdom for more than three decades.

The past year has offered many opportunities for growth and change. We have added new staff members to expand our Volunteer, Options Counseling and Elder Justice programming. Our Newport office relocated to the Derby Time Square, on Route 5 in Newport, Vermont. The new location provides a central access and more space to meet growing staff and client needs. We are also participating in several pilot projects that have been developed to evaluate new models for services and we look forward to learning from the outcomes of these projects.

Our Board of Directors, Advisory Council and Staff have invested significant time to reflect on the areas of critical need and identify key strategic directions to guide our work in the next few years. We are committed to our mission of making the

Thank you all for your continued support!

INDIVIDUAL SUPPORT

Sybil Ainsworth
Bet & Peter Albright
Mary Ammendolia
Irene Badger
Marilyn & Kevin
Shirley & Richard Banks
Barbara Bean
Rita & Edsel Bean
Jean & Leo Beaulieu
Rejeanne Bennett
Lucienne & Russell Blais
Everett Blodgett
Catherine Blodgett
Eileen Boland
Nicole & Richard Boyden
William Brauer
John Briggs
Suzy Broome
Karen Budde & Jenny Patoine
Linda Cables
Linda Capriola
Janet Carson
Mollie Chamberlain
Sharon Chamberlain
Patrick Clarke
Marian Cleveland
Joanne & Richard Cleveland
Loretta & Kurt Colby
Lucie & Bradley Collette
Claude Colleur
Robert Cousins
Virginia & George Cremer
Elinor & Lionel Daigneault
Robert Daigneault
Judith Daigneault
Ethelyn Daley
Barbara & Rodney Daniels
Martha Davis
Eleanor Dole
E. Ann Dow
Glenn & Arthur Dow
Terry & Conrad Doyon
Pauline Duchaine
Renee Dussault
Martha Elliott
Elizabeth Farr
Tom Featheringham & Bettina Morh
Carol & Frances Fournier
Doreen Fraser
Caroline & Raymond Frey
Louise Gallant
Jennifer & David Gile
Lucy & Kenneth Gordon
Bonnie Gottermeyer
Lynn Goulding
Brenda Goupee
Jenny Green
Teresa & Waverly Green
Jeanine & Michael Greenleaf

Karl Guilmette
Jaqueline(Jackie) Hackett
Gretchen & Kenneth Hammer
Rosalie & Ben Harris
Robin Heath
Sharon & Werner Heidemann
Henry Helms
Kathleen Hemmens
Paula Hemmett-Bona
Barry Hertz
Patricia B. Himes
Monica Holcomb
Robert Horowitz
Sylvia & LeRoy Houghton
Joan & Frank Hubbard
Marilyn Hughes
Bonnie Ingalls
Margaret Irwin
Brenda Isabelle
Ruby Jenness
Joan & Neal Jewell
Lois Jones
Kathleen & Reg Joslin
Phyllis & Louis Josselyn
Rever Kennedy
Hans K. F. Klunder, Sr.
Lois Knight
Irene Lanoue
Sara & Andre LeBlanc
Elizabeth LeRoy
Janet Long
Mary Lote
Richard Lussier
Linda & Spencer Lyman
Anne MacEachern
Rejeanne Major
Elizabeth & Andrew March
Karen & Chris Martel
Florence (Flossie) Mathewson
Lars Maxwell
Charlene & Robert Maxwell
Robert Mayhew
Michelle & Malcolm McCormick
Rachael McFadden
Jacqueline Molleur
Barbara & Robert Morency
Jenn & Bob Nixon
Nancy Oakes
Richard Oathout
Amelia(Millie) & Francis Ormsbee
Janice & Daniel Ouellette
Pat Paine
Karlene & Edward Parrish
Marian Peduzzi
Denise & John Perry
Doris & George Pierce
Beverly Poutre
Gervaise & Norman Raboin

Marjorie & Paul Reed
Gerald (Gary) Reis
Robert Richardson
Kim Rivard
Cindy & Irving Roggins
Michael Roberts
Robin Rothman
Deborah Rousseau
Richard Rua
Jane & Bernard (Bernie) Sanders
Cheryl & Scott Sauter
Nancy & James Scherer
Jeannine Seguin
Constance Simons
Brenda Smith
Pamela & Brent Smith
Judith Smith
Charles Smith
Beverly Spaulding
Gael Stein
Mary Swainbank
Suzanne & Tim Tanner
Jayne & Timothy Taylor
John Taylor
Susan & Carl Taylor
Leona & Edward Thibeault
MaryJean Thielen
Duane Thompson
Barbara & Laurence Thompson
Denise Thorton
Ann Tolman
Lorraine & Harold Tolman
Dorothy & W. Thomas Turek
A. Robert Twiss
Ellen Valley
Lisa Viles
Lisa Von Kann
Janice Wakeham
Deb Wallens-Matte
Barbara Walling
Heidi Walsh
Carol Wenmark
Pauline & Wayne Wheeler
Eleanor & Stan Willis
Anne Wilson & Warren Williams
Paul Wolfe
Theodora Wright
Wendy Wright
Elizabeth (Beth) & Thomas (Tom) Ziobrowski

BUSINESS SUPPORT

AG Supermarkets, Inc./Vista Foods
Alice A. Soucy DC PC
American Legion, Inc. Post 23
Austin's Drug Store
AutoSaver Group & Quality Mitsubishi
Blanchard Oil Co., Inc.
Brighton Snowmobile Club
Caplan's Army Store
Century 21 Farm & Forest Realty
Circle of Friends
Claire's Home Comfort Cleaning
Columbia Forest Products – Veneer Division
Community National Bank
Conde Nast
Dan Wyand, P.T. & Associates PLLC
Dead River Company
Derby Village Store
Derby-Port Press, Inc.
Donald D. Dahlin, D.D.S.
ELKS-Newport, VT Lodge No. 2155
Ethan Allen Operations, Inc. – Orleans Division
Fairbanks Scales, Inc.
Fidelity Charitable Gift Fund – Machejeski-Labounty Family Fund
Fred's Plumbing & Heating
Good Shepherd School
GoodSearch
Green Mountain Payroll Association
Jim Campbell Real Estate
Memphremagog Rentals (Spates Family LLC)
Nadeau's Plumbing & Heating, Inc
Newport Rental Center, Inc.
NH Charitable Foundation /Vista Foods
North Danville Baptist Church
NorthCountry Federal Credit Union
Orleans & Northern Essex Teachers Association
Orleans County Board of Realtors
Park View Garage, Inc.
Passumpsic Lodge #27 F. & A. M.
Poulin Lumber, Inc.
Ray's Auto Service & Towing - Ellis & Mosher, Inc.
FRL Operating Co, LLC – Moose River Lake & Lodge Store
Rotary Club of Newport District
Sunshine Boutique
the Chronicle, Inc.
United Motorcyclists of Vermont
Up Country Motors
Vermont State Employees Credit Union (VSECU)
WICOR Americas, Inc./Weidmann
Electrical Technology
Willey's Seamless Gutters, Inc.

Financials

Preliminary Report Year Ended September 30, 2014

REVENUE SOURCES

Federal Funds	
Older Americans Act	\$ 907,1064
Nutritional Services Incentive Program	\$ 115,320
Medicaid	\$ 292,937
Other Programs	\$ 99,960
	\$ 1,415,323

State of Vermont Funds	
General Funds	\$ 690,400
State Health Insurance Program	\$ 246,255
Dementia Respite	\$ 37,035
Other Programs	\$ 231,193
	\$ 1,204,884

Local Funds	
Participant Contributions	\$ 40,094
Town Funds	\$ 53,178
General Donations	\$ 32,681
United Way	\$ 66
Other Funds	\$ 60,472
	\$ 186,491

Non-Cash Contributions	\$ 234,738
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TOTAL SUPPORT AND REVENUE \$ 3,041,436

PROGRAM EXPENDITURES

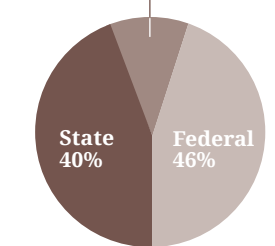
Individual Advocacy	
Case Management	\$ 985,393
Caregiver Services	\$ 191,049
Legal Assistance	\$ 52,099
Information and Assistance	\$ 164,532
State Health Insurance Program	\$ 386,398
Other Programs	\$ 0
	\$ 1,779,471

Independent Living Services	
Home Delivered Meals	\$ 742,531
Congregate Meals	\$ 331,036
Specific Assistance	\$ 132,109
Other Programs	\$ 53,789
	\$ 1,259,464

TOTAL EXPENDITURES \$ 3,038,936

FY 14 Fund Sources

Local & Other 14%



FY 14 Fund Uses

